

Men's General Sizing Guide

Measuring tips to Assure The Best Fit

NECK: When measuring from around the center of the neck keep a finger between the neck and tape to ensure a comfortable fit.

SLEEVE: While bending the arm place the tape measure at the base of the neck and follow along the top shoulder and arm to the wrist.

CHEST: When measuring the chest, place the tape under the arms and run it around the chest and across the shoulder blades.

LENGTH: While measuring the length, it should be taken from the top of the shoulder following the body down to the point where the garment ends

WAIST: When measuring the waist it is best to find the natural crease of the waist and run the tape measure around that waistline while placing one finger between the tape and the body for a comfortable fit.

INSEAM: For full-length pants, run the measuring tape along the inside of your leg, from just below the middle to about one inch below the ankle.

HEAD: Take the measuring tape around the head and above the brow line.

T-Shirt

SIZE	S	M	L	XL	XXL
Chest	36	38	40	42	44
Length	25	26	27	28	29

Polo Shirt

SIZE	S	M	L	XL
Chest	36	37	38	39
Length	28	29	30	31

Tanjim Polo

SIZE	S	M	L	XL	XXL
Length	27	28	29	30	31
Chest	36	38	40	42	44

Casual Shirt

SIZE	S	M	L	XL
Collar	14	15	16	17
Chest	38	40	42	44
Sleeve	24.5	25	25.5	26.5
Length	28	29	30	31

Dress Shirt

Slim Fit					
SIZE	S	M	L	XL	XXL
Collar	15	15.5	16	16.5	17.25
Chest	39	41	43	46	48
Shoulder	16.5	17	17.5	18	18.5
Length	28	29	30	31	31.5
Sleeve	24	24.5	25	25.5	26
Regular Fit					
SIZE	S	M	L	XL	XXL
Collar	15	15.5	16	16.5	17.25
Chest	40	42	44	47	50
Shoulder	16.5	17	17.5	18.5	19
Length	28	29	30	31	31.5
Sleeve	24	24.5	25	25.5	26

Dress Pant

West	30	31	32	33	34	35	36	37	38
Inseam	31	31	31	31	32	32	32	32	32

Tanjim Hoodies

SIZE	S	M	L	XL
Chest	36	38	42	44
Length	25	26	25.5	26.5

Chinos

West	30	32	34	36	38
Inseam	32	32	32	32	32

Jeans

West	30	32	34	36	38
Inseam	32	32	32	32	32

Panjabi

SIZE	S	M	L	XL
Chest	42	44	46	48
Length	38	40	42	44
Sleeve	23.5	24	24.5	24.5

Vest

SIZE	S	M	L	XL
Chest	38	40	42	46
Length	27	28	28	30

Men's Blazer

SIZE	S	M	L	XL
Length	26.5	27.5	28.5	29.5
Chest	36	38	40	42
Sleeve	23	24	25	26

Sweater

SIZE	S	M	L	XL
Chest	36	37	38	39
Length	28	29	30	31

Active Wear/ Track Suit

SIZE	S	M	L	XL
Length	24	26	28	30
Chest	18	20	22	24

Women's General Sizing Guide

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SLEEVE: While bending the arm place the tape measure at the base of the neck and follow along the top shoulder and arm to the wrist.

CHEST: When measuring the chest, place the tape under the arms and run it around the chest and across the shoulder blades.

LENGTH: While measuring the length, it should be taken from the top of the shoulder following the body down to the point where the garment ends

WAIST: When measuring the waist it is best to find the natural crease of the waist and run the tape measure around that waistline while placing one finger between the tape and the body for a comfortable fit.

INSEAM: For full-length pants, run the measuring tape along the inside of your leg, from just below the middle to about one inch below the ankle.

HEAD: Take the measuring tape around the head and above the brow line.

Women Blazer

SIZE	S	M	L	XL
Chest	34	35	36	37
Length	23	23	23.5	24.5
Sleeve	23	23	23.5	24.5

Kameez

SIZE	S	M	L	XL
Chest	36	38	40	42
Length	50	50	51	52

Kurti

SIZE	S	M	L	XL
Chest	36	38	40	42
Length	50	50	51	52